

Steel Fell Race 2019 Results					
	Name	Club	Category	Time	
1	Rhys Findlay-Robinson	Dark Peak		21.08	
2	Nathan Lawson	Dark Peak		21.39	
3	Max Wainwright	Dark Peak		22.07	
4	Carl Bell	Keswick		22.19	
5	Alistair Thornton	Horwich		22.21	
6	Tom Simpson	Ambleside		22.24	
7	Martin Mikkleson-Barron	Borrowdale		22.32	
8	Noah Hurton	Eden		22.35	
9	Josh Jardine	Helm Hill		22.42	
10	Rob Brown	Keswick		23.10	
11	Tobias Barthelomes	Keswick		23.20	
12	Robin Regan	Eden		23.29	
13	Matthew Atkinson	Borrowdale		23.54	
14	Sandy Lockett	Bowland		24.13	
15	Kieran Hodgson	Helm Hill	V40	24.21	
16	Derek Hurton	Eden	V50	24.22	
17	Simon Netherway	Keswick		24.26	
18	James Harris	Ambleside		24.34	
19	Daniel Cade	Dark Peak		24.37	
20	Paul Reilly	Helm Hill	V40	24.44	
21	Joshua Liddle	Eden		24.47	
22	Scott Morley	Eden		24.53	
23	Jonny Kent	Eden		24.55	
24	Laurie Luscombe	Liverpool Harriers		25.00	
25	Nichola Jackson	Ribble Valley Harriers	F	25.11	
26	Jos Addison	Helm Hill		25.34	
27	Richard Smith	Ambleside		25.37	
28	Ben Kent	Helm Hill		25.41	
29	Brian Pennington	Howgill Harriers	V40	25.45	
30	Chris Knowles	Ellenborough	V50	25.55	
31	Michael Parkin	Eden		26.00	
32	Hannah Russell	Helm Hill	F	26.02	
33	Joel Burchell	U/A		26.14	
34	Richard Milligan	Sheffield Uni		26.22	
35	Jamie Partridge	Eden		26.25	
36	Jack Simpson	Helm Hill		26.35	
37	Arran Horne	Northern Fells Running Club		26.36	
38	Martin Askew	Helm Hill		26.36	
39	Craig Burrow	Helm Hill	V40	26.40	
40	Andy Thompson	Helm Hill		26.43	

41	Mike Robinson	Dark Peak	V40	26.52	
42	Stuart Heaviside	Barlick		26.52	
43	Caleb Reid	Northern Fells Running Club	V40	26.52	
44	Stevie Birkinshaw	Borrowdale	V50	26.58	
45	Jamie Lawlar	Keswick	V40	27.00	
46	Alex Bland	Borrowdale		27.01	
47	Catherine Spurden	Keswick	F	27.02	
48	Matt Dunn	Holcombe Harriers	V40	27.06	
49	Wayne Croasdell	Eden		27.13	
50	Kirsty Hall	Ribble Valley Harriers	F	27.16	
51	Steve Jones	Keswick	V40	27.27	
52	Arthur Raffle	Altrincham		27.27	
53	Dave Sargent	Eden	V50	27.42	
54	Paul Knowles	Ambleside	V50	27.47	
55	Jack Bland	Borrowdale		27.48	
56	Bianca Dyer	Helm Hill	FV40	27.53	
57	Philip Pearson	Northern Fells Running Club	V60	28.08	
58	Jenn Bell	Keswick	F	28.08	
59	Pez Bullen	Keswick	V50	28.44	
60	Bryony Halcrow	Harrogate Harriers	F	28.48	
61	Shaun Atkinson	Ellenborough		28.54	
62	Ellen Williams	Southend	F	29.37	
63	Sean Robinson	Howgill Harriers	V40	29.38	
64	Jon Lamey	Northern Fells Running Club	V40	29.41	
65	David Banks	Kendal	V50	29.42	
66	Remy Shaieb	Imperial College Cross Country		30.04	
67	Roy Gibson	Kendal	V50	30.07	
68	Tom Partington	Keswick		30.08	
69	Rose Singleton	Northern Fells Running Club	F	30.14	
70	Robert Hartley	Helm Hill	V50	30.20	
71	Georgia Stevens	Helm Hill	F	30.22	
72	Paul Simpson	Ambleside	V50	30.24	
73	Nick Ray	Ellenborough	V40	30.28	
74	Zoe Webber	Keswick	F	30.31	
75	Natalie Hawkrigg	Northern Fells Running Club	F	30.35	
76	Robert Jones	Keswick		30.46	
77	David Riding	Achilli Ratti	V40	30.55	
78	Raymond Gill	Dallam	V50	31.12	
79	Gary Lane	Howgill Harriers	V50	31.17	
80	Danielle Ledbury	U/A	F	31.50	

81	Keith Baird	Holmfirth	V40	32.02	
82	Gavin Bland	Borrowdale	V40	32.06	
83	Rachel Findlay-Robinson	Keswick	F	32.23	
84	David Appleyard	Helm Hill	V50	32.35	
85	Chris Little	Keswick	V50	32.46	
86	William Coupe	Helm Hill	V50	32.59	
87	Josh Spencer	Bingley		32.59	
88	Jenna Williams	Southend	F	33.09	
89	Rob Crawford	Howgill Harriers	V40	33.20	
90	Simon Veitch	Keswick	V50	34.06	
91	Owen Mills	Keswick	V40	34.28	
92	Matt Davis	Howgill Harriers		34.34	
93	Don Kershaw	U/A	V60	34.36	
94	Daniel Grose	Ambleside	V50	34.39	
95	Ant Winter	Eden	V40	34.45	
96	John Tumbs	Eden	V40	34.52	
97	Lucy Brown	Barlick	F	35.05	
98	Andrew Russell	Helm Hill	V50	35.06	
99	Jo Rodham	Helm Hill	F	36.38	
100	John Horne	Northern Fells Running Club	V50	36.55	
101	John Leech	Dallam	V50	37.16	
102	Paul Spencer	Bingley	V50	37.40	
103	Lindsay Harrod	Helm Hill	FV50	38.20	
104	Emma Winter	Eden	F	38.26	
105	Mike Hind	Borrowdale	V60	39.40	
106	Jenny Russell	Northern Fells Running Club	FV40	40.14	
107	Sara Helena Demetriou	Springfield Striders	FV40	40.18	
108	Emma Millington	U/A	F	41.40	
109	Cliff Gosden	Northern Fells Running Club	V60	45.41	

Thanks for coming and helping create a new record field. The positions above are right but the times!?! The idiot who was taking the times missed one somewhere in the fifties and didn't realise till he was in the nineties, so they may be a bit random! Apologies for that, but hey ho.

There was definitely a new ladies record set by Nichola Jackson so WELL DONE (as promised) to her. Hope to see you all next year, watch this space. Scoff